



Hand Hygiene  
Training for Healthcare  
Workers in Community  
and Primary Care



## Hand Hygiene Training for Healthcare Workers in Community and Primary Care

This training course aims to provide healthcare workers with the knowledge on why, when and how hand hygiene should be undertaken.

### Topics covered

- Why you should clean your hands
- What are Health Care Associated Infections (HCAI)
- The “5 moments of hand hygiene”
- The golden rules of hand hygiene
- Hand hygiene and glove use
- Hand hygiene technique

### Learning outcomes

On successful completion of this program, you should be able to understand;

- Why hand hygiene is so important
- How to perform hand hygiene in line with the WHO 5 moments
- How to take care of your hands

The information is based on the World Health Organisations guidelines on Hand Hygiene in Healthcare (2009) and Sari guidelines for Hand Hygiene in Irish healthcare settings (2005)

**Target audience is:** Clinical or non-clinical staff depending on the requirements.

The course can be provided to all grades of healthcare workers with patient/client contact in the community. This course relates to healthcare activities delivered in all types of settings including primary care, long term care facilities and care in the home.

**A questionnaire will be completed by all attendees at the end to facilitate recall of key points and a certificate will be given on successful completion of the course.**

### Nursing and Midwifery Board of Ireland

Continuing Education Units (CEU's) Pending

